



Our kitchen handles food that contains common food allergens, including gluten, soybeans, milk, peanuts, nuts, eggs, fish, seafood and their products. Fish and meat dishes may contain bones. If you have any allergies or intolerances, please kindly advise our servers when ordering. We have a separate Coeliac Menu.

Guests with severe allergies or intolerances, should be aware that although all due care is taken, we cannot guarantee orders will be entirely allergen free and will be consumed at the guest's own risk.

For groups of 6 or more, a 10% service charge will be applied to your bill. All gratuities received will be distributed to the team.

All prices are inclusive of VAT.

Stainburn Parade
300 Harrogate Road
Moortown
Leeds, LS17 6LY

(0113) 237 0034

contact@g-wu.co.uk

www.g-wu.co.uk

SOUPS & STARTERS

Soups

Chicken and Sweetcorn	£6.00
Chicken with Shiitake Mushrooms	£6.00
Chicken and Noodles	£6.00
Chilli Hot and Sour	£6.60
Shredded Duck with Vegetables	£6.60
Westlake Beef Soup with Fresh Coriander	£6.60
Crab Meat and Sweetcorn	£6.60
Won Tons and Vegetables	£7.20
Seafood with Beancurd and Vegetables	£7.80

Lettuce Wraps

Duck and Vegetables (N)	£11.90
Mixed Seafood and Vegetables (N)	£11.90
Chicken and Vegetables (N)	£11.20

To Share

G-Wu Mixed Platter (minimum for two)(N)	£10.20
Prawn Won Tons, Spring Rolls, BBQ Ribs, Salt & Pepper Squid and Chicken Skewers	per person

Aromatic Duck

Aromatic Duck	
Served with pancakes, hoi sin sauce & salad	
Quarter	£17.50
Half	£28.30
Whole	£55.00
Extra portion of pancake	£2.00
Extra portion of salad	£2.50

Starters

Prawn Toasts	£9.00
Prawn Won Tons	£8.60
Pan Fried Pork Dumplings	£8.60
Ribs in Peking Sauce	£10.20
Ribs in OK Sauce	£10.20
Ribs in Sweet and Sour Sauce	£10.20
BBQ Ribs Brushed with Honey	£10.20
Salt and Pepper Ribs	£10.20
Chicken Spring Rolls	£7.20
Duck with Cheese and Basil Spring Rolls	£8.50
Chicken Skewers with Satay Sauce (N)	£10.20
Salt and Pepper Chicken Wings	£8.30
Salt and Pepper Shredded Chicken	£9.90
Salt and Pepper Chicken Nuggets	£12.60
Salt and Pepper Squid	£9.90
Salt and Pepper King Prawns	£10.50
Salt and Pepper Soft Shell Crab	£8.50
Salt and Pepper Cod	£14.90
Crispy Seaweed	£6.00
Prawn Crackers	£4.50
Stir-fried Mussels in Black Bean Sauce	£10.50
Steamed King Prawns in Shell and Black Bean Sauce	£10.50
Steamed Scallops (minimum order of two) with Black Bean Sauce	£4.50
with Garlic and Glass Noodles	per person
with Ginger and Spring Onions	

STIR-FRIED OPTIONS

Please select one of the following stir fry options:

Golden Garlic & Celery	Ginger & Spring Onions	Hot & Spicy Sauce
Chinese Vegetables	Onions & Black Pepper	Fresh Coriander, Chilli & Cumin
Mushrooms	Green Peppers & Black Bean Sauce	Pineapple <i>with or without Preserved Ginger</i>
Mixed Mushrooms	Satay Sauce (N)	
Mixed Vegetables	Szechuan Sauce	
Cashew Nuts (additional £2)(N)	Kung Po Sauce (additional £2)(N)	

MAIN DISHES

Chicken or Pork

Chicken or Pork	£12.60
Stir-fried with a choice from the stir fry menu below	
Crispy Shredded Chicken in Garlic & Chilli Sauce	£12.60
Lightly Battered Chicken in:	£12.60
A choice of Plum, Lemon or Orange Sauce	
Chicken Foo Yung	£12.60
Chicken or Pork in Sweet & Sour Sauce	£12.60
Chicken or Pork in OK Sauce	£12.60

Beef or Char Sui

Beef or Char Sui	£13.60
Stir-fried with a choice from the stir fry menu below	
Crispy Beef in OK Sauce	£13.60
Crispy Shredded Beef in Garlic & Chilli Sauce	£13.60
Char Sui with Soy Sauce	£13.80
Ma Po Tofu	£15.60

Lamb

Lamb	£14.40
Stir-fried with a choice from the stir fry menu below	

Seafood

Squid	£14.40
Stir-fried with a choice from the stir fry menu below	
King Prawns	£15.10
Stir-fried with a choice from the stir fry menu below	
Scallops	£17.10
Stir-fried with a choice from the stir fry menu below	
Seafood Trio (Squid, King Prawns, Scallops)	£17.10
Stir-fried with a choice from the stir fry menu below	
Lightly Battered Cod or Salmon	£17.90
Stir-fried with a choice from the stir fry menu below	
Lightly Battered Cod or Salmon	£17.90
in OK Sauce	
in Sweet & Sour Sauce	
Lightly Battered King Prawns	£15.10
in Lemon Sauce with Sesame Seeds	
in Mayonnaise Dressing (N)	
in Sweet & Sour Sauce	
in OK Sauce	
King Prawn Foo Yung	£15.10
Steamed Whole Seabass	market price
Braised Lobster with Ginger and Spring Onions	market price

G-Wu Mix

Combination of King Prawns, Duck, Squid, Chicken and Char Sui	£15.10
Stir-fried with a choice from the stir fry menu below	
G-Wu Mix in Sweet & Sour Sauce	£15.10
Battered Chicken, Pork and King Prawns	
G-Wu Mix in OK Sauce	£15.10
Battered Chicken, Pork and King Prawns	

Roast Duck

Roast Duck in:	£17.80
A choice of Soy, Plum, Lemon or Orange Sauce	
Roast Duck and Char Sui with Soy Sauce	£17.80
Roast Duck	£14.50
Stir-fried with a choice from the stir fry menu below	

Prawn Meat Stuffing

Prawn Meat Stuffing with:	
Roast Duck in Chinese Mushroom Sauce	£18.60
Chicken in Chinese Mushroom Sauce	£17.90
Green Peppers in Black Bean Sauce	£17.10
Beancurd and Aubergine in Black Bean Sauce	£17.10
Beancurd and Aubergine in Oyster Sauce	£17.10

Fillet Steak

Fillet Steak	£19.20
Stir-fried with a choice from the stir fry menu below	
Fillet Steak in OK Sauce	£19.20

Curry

	Traditional	Red or Green
G-Wu Mix	£15.10	£16.10
Seafood Trio	£17.10	£18.10
King Prawns	£15.10	£16.10
Lamb	£14.40	£15.40
Beef or Char Sui	£13.60	£14.60
Chicken or Pork	£12.60	£13.60

Alternative Dishes

Half a Roast Chicken	£9.90
Chicken Omelette	£12.60
Spanish Omelette	£12.60
Mushroom Omelette	£11.30

All alternative dishes served with chips and peas

(N) contains nuts. Please note that some of our vegetarian dishes contain eggs.

NOODLES, RICE, SIDES & SALAD

Noodles	Vermicelli - Thin, Rice Noodles	Chow Mein - Crispy or Soft Noodles	Udon - Thick, Dry Fried, White Noodles	Ho Fun - Flat, Rice Noodles	Soup Noodles
Seafood Trio	£17.20	£17.20	£17.20	£18.40	£15.80
G-Wu Mix	£16.60	£16.60	£16.60	£17.80	£15.20
King Prawns	£16.60	£16.60	£16.60	£17.80	£15.20
Duck	£16.40	£16.40	£16.40	£17.60	£15.00
Lamb	£16.30	£16.30	£16.30	£17.50	£14.90
Beef & Char Sui	£15.50	£15.50	£15.50	£16.70	£14.10
Chicken or Pork	£14.50	£14.50	£14.50	£15.70	£13.10
Won Tons					£13.10
Spicy Singapore Style Chicken, Char Sui & Prawns	£13.80				
Ha Moon Style Chicken, Char Sui & Prawns	£13.80				

Sides

Chips	£4.20	Mixed Vegetables	£7.20
Salt & Pepper Chips	£5.40	Chinese Vegetables	£7.20
Boiled Rice	£3.60	Broccoli with Garlic	£7.20
Egg Fried Rice	£4.60	Pak Choi	£9.00
Crispy Noodles	£5.40	Straw Mushrooms	£7.80
Soft noodles with Onions & Beansprouts	£6.40	Mixed Mushrooms	£7.20
Vermicelli with Onions and Beansprouts	£6.40	Gravy	£3.40
Ho Fun with Onions and Beansprouts	£7.20	Sweet and Sour Sauce	£4.20
Udon with Onions and Beansprouts	£7.00	OK Sauce	£4.20
Beansprouts	£6.60	Satay Sauce (N)	£4.20
		Curry Sauce - Traditional	£4.20
		Curry Sauce - Red or Green	£4.70

Fried Rice

G-Wu Special <i>Diced medley of seafood, meat and vegetables cooked in a sauce served on a bed of fried rice</i>	£15.50
King Prawns	£13.80
Duck	£13.80
Lamb	£13.80
Beef	£13.60
Char Sui	£13.60
Yeung Chow	£13.60
Pork	£12.60
Chicken	£12.60

Salad

Fresh Mango Salad (Subject to availability)	£10.20
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VEGETARIAN MENU (INCLUDES EGG)

Soups

Sweetcorn	£4.80
Chilli Hot and Sour	£5.30
Mixed Vegetables	£5.30
Shiitake Mushrooms and Noodles	£5.40

Appetisers

Vegetarian Mixed Platter (minimum for two)(N) <i>Seaweed, Vegetarian Spring Rolls, Vegetarian Toasts, Vegetarian Chicken Skewers and Vegetarian Won Tons</i>	£9.00 per person
Vegetarian Seaweed	£5.50
Vegetarian Spring Rolls, Toasts or Won Tons	£6.40
Salt & Pepper Aubergine	£7.90
Salt & Pepper Beancurd	£7.90
Salt & Pepper Mushroom	£7.90
Diced Vegetables Lettuce Wrap	£9.90
Vegetarian Chicken Skewers with Satay Sauce (N)	£11.50
Salt & Pepper Vegetarian Chicken	£11.50
Salt & Pepper Vegetarian Fish	£12.00
Vegetarian Crispy Aromatic Duck <i>Served with pancakes, hoi sin sauce and salad</i>	£12.60

Fried Rice

G-Wu Special Vegetarian Fried Rice <i>Diced medley of vegetables cooked in a sauce served on a bed of fried rice</i>	£9.90
Vegetarian Fish	£13.20
Vegetarian Prawn Fried Rice	£13.20
Vegetarian Chicken Fried Rice	£12.60
Mixed Vegetables Fried Rice	£9.30
Mushroom Fried Rice	£9.30

Main Courses

Vegetarian Fish	£14.40
Vegetarian Prawn	£14.40
Vegetarian Chicken	£13.80
Beancurd <i>Stir-fried with a choice from the stir fry menu overleaf</i>	£11.20
Mixed Vegetables <i>Stir-fried with a choice from the stir fry menu overleaf</i>	£11.20
Aubergine <i>Stir-fried with a choice from the stir fry menu overleaf</i>	£11.20

Noodles

Chow Mein <i>Crispy or Soft Noodles</i>	
Udon <i>Thick, White Noodles</i>	
Ho Fun <i>Flat, Rice Noodles</i> (additional £1.20)	
Soup <i>Noodles in Broth</i>	
Vegetarian Prawns	£15.60
Vegetarian Chicken	£15.10
Mixed Vegetables, Mushrooms or Beancurd	£12.60
Vegetarian Vermicelli <i>Thin, Rice Noodles</i>	
Ha Moon style or Spicy Singapore style	£11.20

Curry

	Traditional	Red or Green
Vegetarian Fish	£14.40	£15.40
Vegetarian Prawns	£14.40	£15.40
Vegetarian Chicken	£13.80	£14.80
Mixed Vegetables, Mushrooms or Beancurd	£11.20	£12.20

SET MENUS

Set A

Chicken and Sweetcorn Soup
G-Wu Mixed Platter (N)
Crispy Beef in OK Sauce
Chicken with Chinese Vegetables
King Prawns with Green Peppers & Black Bean Sauce
Yeung Chow Fried Rice
Tea or Coffee

For 2 people £79 / For 3 people £98

Set B

Chilli Hot and Sour Soup
G-Wu Mixed Platter (N)
Pork in OK Sauce
Beef with Fresh Coriander, Chilli and Cumin
Chicken with Green Peppers & Black Bean Sauce
King Prawns with Ginger and Spring Onions
Duck with Chinese Vegetables
Yeung Chow Fried Rice
Tea or Coffee

For 4 people £132 / For 5 people £162*

*Also includes: Chicken in Lemon Sauce

Deluxe A

Chicken and Shiitake Mushroom Soup
Steamed Scallops with Garlic and Glass Noodles
Aromatic Duck
Fillet Steak with Onions & Black Pepper
King Prawns with Chinese Vegetables
Chicken in Szechuan Sauce
Yeung Chow Fried Rice
Banana Fritters with Ice Cream or Bowl of Lychees
Glass of House Wine pp

For 2 people £99 / For 3 people £142

Deluxe B

Seafood and Beancurd with Vegetables Soup
Steamed Scallops with Garlic and Glass Noodles
Aromatic Duck
Duck and Char Sui with Soy Sauce
Fillet Steak with Onions and Black Pepper
Chicken with Mixed Mushrooms
Seafood Trio with Ginger and Spring Onions
Lamb with Fresh Coriander, Chilli and Cumin
Yeung Chow Fried Rice
Banana Fritters with Ice Cream or Bowl of Lychees
Bottle of House Wine

For 4 people £228 / For 5 people £280*

*Also includes: Squid with Golden Garlic and Celery

Vegetarian

Chilli Hot and Sour Soup
G-Wu Vegetarian Mixed Platter (N)
Vegetarian Chicken in Sweet and Sour Sauce
Mixed Vegetables and Cashew Nuts in Bird's Nest (N)
Beancurd with Green Peppers and Black Bean Sauce
Mixed Vegetables Fried Rice
Tea or Coffee

For 2 people £60 / For 3 people £89

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