|  |  |  |
| --- | --- | --- |
|  | **Infant Schedule** | **Toddler Schedule** |
| Children Arrive | Greeting  Routine care (feeding, diapering, sleeping)  Self- directed activities in play areas2 | Greeting  Routine care (breakfast, diapering or going to the potty)  Self- directed activities in play areas2 |
| Mid-Morning | Nap for some, routine care for others  Planned play: teacher-directed3 activities for some, self-directed for others  Outdoor play | Snack  Planned Play: teacher-directed3 activities for some, self-directed for others  Outdoor Play |
| Late Morning | Lunch  Clean-up after lunch Nap for some  Teacher-directed activities for babies who are awake | Lunch  Clean-up after lunch Nap  Teacher–directed activities for toddlers who are awake |
| Mid-Afternoon | Routine care Nap for some  Teacher-directed activities for babies who are awake  Outdoor play | Routine care Snack  Teacher-directed activities for some, self-directed for others  Outdoor play time |
| Late afternoon | Self-directed activities in play areas Routine care  Talk to parents Clean up room  Set up for next day | Self-directed activities in play areas Routine care  Talk to parents Clean up room  Set up for next day |

1 STARS for KIDS NOW Self Study (edited 07-09-01). Adapted from: Cryer, D., Harms, T., and Bourland, B. (1987). *Active learning for infants*. Reading, MA: Addison-Wesley Publishing.

2 Self-directed activities are those that an infant/toddler can do by him/herself.

3 Teacher-directed activities are those that require assistance even after getting the infant or toddler started (e.g., reading simple books, playing peek-a-boo).

|  |  |
| --- | --- |
| 6:00-7:45 | **Learning Center Time** (all are open) |
| 7:45-8:00 | **Transition Time**   * Clean up toys, bathroom break, wash hands for breakfast, finger plays if time. |
| 8:00-8:30 | **Breakfast**   * Children may leave table when finished and wash hands, brush teeth, engage in quiet activities (e.g., books, puzzles, writing center, etc.). |
| 8:30-8:45 | **Circle Time**   * Calendar, weather chart, opening information, finger plays and songs |
| 8:45-10:00 | **Learning Center Time** (all are open) |
| 10:00-10:15 | **Transition Time**   * Clean up, bathroom break, wash hands. |
| 10:15-10:30 | **Snack**   * Wash hands. |
| 10:30-11:45 | **Story or music time**  **Outdoor Play** (on bad weather days - active games and exercise) |
| 11:45-12:00 | **Transition Time**   * Wash hands for lunch, bathroom break as needed. * Finger plays, flannel board stories, or silly songs |
| 12:00-12:45 | **Lunch**   * Children may leave table when finished and clean up, go to the bathroom, brush teeth, get ready for nap. * Read stories, sing quiet songs, flannel board stories, recorded stories, puppetry, finger plays and talk pictures as time permits. |
| 12:45-2:45 | **Nap**   * Early risers can get up and engage in quiet activities (e.g., quiet table toys). |
| 2:45-3:15 | **Transition Time**   * Bathroom break as needed, wash hands. * Snack time, wash hands (take more time if needed). * Sing songs, read stories and finger plays as time permits. |
| 3:15-4:00 | **Outdoor Play** (on bad weather days – active games and exercise) |
| 4:00-4:15 | **Circle Time**   * Closing information * Language activity (puppets, books, finger plays, word chart, number chart, news flash, comparison charts, etc.) * Music activity (instruments, chants, dancing, sing songs, musical games, etc.) |
| 4:15-5:15 | **Learning Center Time** (all are open) |
| 5:15-5:30 | **Transition Time**   * Clean up toys, bathroom break as needed, musical activities. |
| 5:30-6:00 | **Quiet Activities and Parent Pick-up**  Books, games, table activities, selected learning centers open. |

4 STARS for KIDS NOW Self Study (edited 07-09-01).

|  |  |
| --- | --- |
| 6:00-7:00 | **Arrival**   * Quiet activities (card or board games, puzzles, reading, listening to music with headphones, reviewing homework or resting) |
| 7:00-7:30 | **Breakfast**   * Wash hands before. |
| 7:30-8:00 | **Quiet activities continue**   * Clean up and prepare to leave for school. |
|  | |
| 3:00-3:30 | **Arrive from school**   * Put away belongings. * Eat self-service snack. * Use bathroom as needed. |
| 3:30-3:50 | **Group time**   * Discuss activity options and special projects. * Share exciting news. * Make up group songs, games. |
| 3:50-4:00 | **Transition**   * Move to activities or interest areas. |
| 4:00-5:15 | **Indoor/Outdoor activities and interest areas**   * Craft projects, club meetings, outdoor games, homework |
| 5:15-5:30 | **Transition and cleanup** |
| 5:30-6:00 | **Indoor activities and parent pickup**   * Board and table games (short-term games or puzzles or those that can be stopped in the middle and resumed the next day), large group activities that   require no props (e.g., charades, guessing games, listening to music) |

5 Adapted from: Koralek, D., Newman, R., and Colker, L. (1995). *Caring for children in school-age programs, Volume 1*. Washington, DC: Teaching Strategies Inc.

|  |  |
| --- | --- |
| 6:00 | **Arrival**   * Arrival/Parent Greeting/Opening * Put away belongings; use bathroom as needed. * Children may wish to rest upon arrival. * Quiet activities (card or board games, puzzles, reading, listening to music with headphones, computers, etc.) |
| 7:00-11:00 | **Organized activities (swimming, bowling or field trips) All activity/interest areas open** |
| 7:45-8:45 | **Breakfast**   * Children wash hands before. * Caregivers should sit with children in family-style dining. |
| 7:00-11:00 | **Organized activities (swimming, bowling or field trips) All activity/interest areas open** |
| 11:00-12:00 | **Lunch**   * Children help prepare and/or serve food (when appropriate); set table. * Caregivers should sit with children in family-style dining. |
| 12:00-1:30 | **Art area, library, computer lab, quiet games/activities. Rest time available for those who request/need it.** |
| 1:30-5:00 | **Indoor/Outdoor activities and interest areas**   * Craft projects, club meetings, outdoor games |
| 3:30 | **Self-service snack** |
| 5:00-6:00 | **Begin clean-up; parent pick-up**   * Children clean-up. * Board and table games (short-term games or puzzles or those that can be stopped in the middle and resumed the next day), large group activities that   require no props (e.g., charades, guessing games, listening to music) |

NOTE: Times may change in accordance to scheduled field trips. Ratio counts in all areas are the same as "school-in-session" schedules.