

PACKING LIST



Miscellaneous	TRAVEL BASICS		TRAVEL INFO		TECHNOLOGY		FUNDS	
	Chewing gum		Driver license/ID		Travel alarm clock		Cash	
	Hand sanitizer		Itinerary		Batteries		Credit/Debit cards	
	Motion sickness remedy		Maps/Directions		Camera & charger		Wallet	
	Reading materials		Passport		Cell phone & charger			
	Snacks		Travel Confirmations		Headphones		MISCELLANEOUS	
	Travel pillow		Travel guides		Laptop & charger		Flashlight	
	Ear plugs		Travel tickets		Music device & charger		Journal	
			Visa (entry/exit)		Outlet/voltage adapters		Luggage tags	
	BAGS				Power strip		Sports gear	
	Backpack		LAUNDRY		Tablet & charger		Travel locks & keys	
	Collapsible tote		Laundry bag				Travel umbrella/rain gear	
	Resealable Plastic bags		Sewing kit		DOCUMENTS		Translation guide/app	
	Purse				Copies of travel docs		Water bottle (empty)	
			SCHOOL SUPPLIES		Copy of passport		Water Filter	
	CONTACTS		Art supplies		Credit card contact info			
Address book		Flash-drive		Emergency contact info		OTHER:		
GL emergency card		Notebooks		Medical insurance card				
Important numbers		Paper		Prescriptions				
Planner/date book		Pens/pencils		Health/travel ins. card				
Clothing	BASICS	QTY	CASUAL	QTY	OUTERWEAR	QTY	FOOTWEAR	QTY
	Sleepwear		Exercise clothing		Coats/Jackets		Athletic shoes	
	Socks		Jeans/pants		Gloves		Dress shoes	
	Undershirts		Tank tops		Hats		Sandals	
	Underwear		T-shirts		Scarves		Shower shoes	
			Shorts				Slippers	
	PROFESSIONAL		Sweaters		ACCESSORIES		Walking shoes	
	Blazers		Sweatshirts		Belts			
	Dresses/skirts		Swimsuit		Jewelry		OTHER:	
	Dress shirts				Sunglasses			
	Slacks				Wristwatch			
	Suits/Ties							
Hygiene	Contacts & solution		Makeup remover		Shaving cream/aftershave		OTHER:	
	Cotton swabs		Medications		Soap/cleanser			
	Dental floss		Mirror		Styling products			
	Deodorant		Moisturizer/lotion		Sunscreen			
	Feminine hygiene		Mouthwash		Tissues			
	Glasses		Nail clippers/files		Toothbrush/toothpaste			
	Hair accessories		Pain reliever		Towels/travel towel			
	Insect repellent		Perfume/cologne		Tweezers			
	Lip balm		Razors		Vitamins			
	Makeup		Shampoo & conditioner		Washcloths			

Note: Pack light - consider what can be purchased in-country. Use this list to determine what you need to pack, this is NOT a suggested packing list. Essential items are in red. If you use specialty items that may be difficult to find in country consider taking extra. Keep in mind you may come home with more than you left with. Check www.TSA.gov for specific regulations and restricted items.

